



## All Work and No Play? Creativity in Doctors' Professional and Personal Development

<b>1. IMPRINT</b>	
<b>Academic Year</b>	2021/2022
<b>Department</b>	Faculty of Medicine
<b>Field of study</b>	Medicine
<b>Main scientific discipline</b> <i>(in accord with appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019)</i>	<b>Medical Sciences</b>
<b>Study Profile</b> <i>(general academic / practical)</i>	General academic
<b>Level of studies</b> <i>(1<sup>st</sup> level /2<sup>nd</sup> level/ uniform MSc)</i>	Uniform MSs
<b>Form of studies</b>	<b>Full time studies</b>
<b>Type of module / course</b> <i>(obligatory / non-compulsory)</i>	<b>Non-compulsory</b>
<b>Form of verification of learning outcomes</b> <i>(exam / completion)</i>	<b>Credit</b>
<b>Educational Unit / Educational Units</b> <i>(and address / addresses of unit / units)</i>	Department of Medical Psychology & Medical Communication ul. Litewska 14/16, 00-575 Warszawa Tel. +48 22 116 92 11 zpikm@wum.edu.pl

<b>Head of Educational Unit / Heads of Educational Units</b>	Professor Krzysztof Owczarek, MA, PhD
<b>Course coordinator</b> (title, First Name, Last Name, contact)	Magdalena Łazarewicz, MA, PhD magdalena.lazarewicz@wum.edu.pl
<b>Person responsible for syllabus</b> (First name, Last Name and contact for the person to whom any objections concerning syllabus should be reported)	Magdalena Łazarewicz, MA, PhD magdalena.lazarewicz@wum.edu.pl
<b>Teachers</b>	Elżbieta Łazarewicz-Wyrzykowska, MA, PhD ela.lazarewicz.wyrzykowska@gmail.com

## 2. BASIC INFORMATION

<b>Year and semester of studies</b>	I-VI, 1 <sup>st</sup> semester	<b>Number of ECTS credits</b>	2.00
<b>FORMS OF CLASSES</b>		<b>Number of hours</b>	<b>ECTS credits calculation</b>
<b>Contacting hours with academic teacher</b>			
Lecture (L)		-	-
Seminar (S)		30	1.25
Discussions (D)		-	-
e-learning (e-L)		-	-
Practical classes (PC)		-	-
Work placement (WP)		-	-
<b>Unassisted student's work</b>			
Preparation for classes and completions		20	0.75

## 3. COURSE OBJECTIVES

O1	To broaden students' understanding of creativity in its relation to personal wellbeing, learning, and professional development in the medical field.
O2	To develop students' understanding of creative process, in artistic, professional and everyday contexts.
O3	To help students build up ideas and strategies for creativity and serious play, individual and team, in academic, professional and personal contexts.

**4. STANDARDS OF LEARNING – DETAILED DESCRIPTION OF EFFECTS OF LEARNING** (concerns fields of study regulated by the Regulation of Minister of Science and Higher Education from 26 of July 2019; does not apply to other fields of study)

<b>Code and number of effect of learning in accordance with standards of learning</b> (in accordance with appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019)	<b>Effects in time</b>
---	------------------------

**Knowledge – Graduate\* knows and understands:**

G.K1.-	-	
--------	---	--

**Skills– Graduate\* is able to:**

G.S1	-	
------	---	--

\* In appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019 „graduate”, not student is mentioned.

**5. ADDITIONAL EFFECTS OF LEARNING** (non-compulsory)

<b>Number of effect of learning</b>		<b>Effects of learning in time</b>
-------------------------------------	--	------------------------------------

**Knowledge – Graduate knows and understands:**

K1	the concept of creativity and its connection with play, learning and work, as well as psychological and neurological basis of these connections.
K2	connection between creativity, play and innovation.
K3	dynamic of creative process, as well as its challenges and obstacles.
K4	the place of creativity in professional and personal burnout prevention.

**Skills– Graduate is able to:**

S1	reflect on own experience of creative process and ‘serious play’, in individual and group settings.
S2	apply the experience and principles of artistic creative process in the context of academic skills.
S3	start and restart creative process in individual and group work.
S4	address challenges and obstacles in creative process.
S5	identify creative and ‘serious play’ techniques suitable for one’s own needs and in team dynamic.

**Social Competencies – Graduate is ready for:**

SC1	-
-----	---

## 6. CLASSES

Form of class	Class contents	Effects of Learning
S	S1 – Seminar 1 (seminar and discussion) - Introduction to creativity and its relation to play, learning and work. Psychological and neurological basis of this relation. Understanding the connection between creativity, play and innovation. The role of creativity in professional and personal burnout prevention. Experience of various creative / artistic techniques. Development of the ability to find the technique most suitable for individual needs.	K1, K2, K4, S1, S3, S4
	S2 – Seminar 2 - Understanding creative process, challenges and obstacles it can encounter (M. Csikszentmihalyi's model). Identifying ways of coping with such obstacles. Creativity in a team – theory and practice. Reflection on the experience of individual and team 'serious play' and creativity. Application of the experience of own artistic creative process in the context of academic skills (writing, presenting).	K3, K4, S1, S2, S3, S4
	S3-S4 – Seminar 3- 4 - Students' presentations of their projects and feedback from teacher and fellow students.	S1, S2, S4

## 7. LITERATURE

### Obligatory

PDF materials provided by the teacher during the course

### Supplementary

1. Csikszentmihalyi, M. (1996) Creativity: the Psychology of Discovery and Invention. Harper.
2. Kaufman, J.C. and R.J. Sternberg (2019), The Cambridge Handbook of Creativity. 2nd edition. CUP.
3. Robinson, K. (2011) Out of Our Minds: The Power of Being Creative. Wiley.

The above textbooks are available for short rental from the teacher (single copies).

## 8. VERIFYING THE EFFECT OF LEARNING

Code of the course effect of learning	Ways of verifying the effect of learning	Completion criterion
K1-4, S1-3	Active participation in all discussions and exercises during classes	Minimal acceptable level of performance
S1, S2, S4	Preparation of a presentation	Minimal acceptable level of performance

## 9. ADDITIONAL INFORMATION *(information essential for the course instructor that are not included in the other part of the course syllabus e.g. if the course is related to scientific research, detailed description of, information about the Science Club)*

This course is dedicated to years I-VI. Group size: up to 22 students.

It is a **face to face four sessions weekend course** that takes place on two weekends:

Weekend 1, 4th December-5th December 2021

- Session 1: Saturday, 4th December 10am-5pm
- Session 2: Sunday, 5th December 2021, 10am-5pm

Weekend 2, 18th December-19th December

- Session 3: Saturday, 18th December 10am-2.15pm
- Session 4: Sunday, 19th December 2021, 10am-2.15pm

All sessions will take place at ul. Litewska 14 room -103 (level "-1").

\*\*\*

In case of a need to move the classes online, It will be a **live online course** consisting of:

1. Saturday, 20<sup>th</sup> November 2021, 10am-12:30pm ZOOM
2. Sunday, 21<sup>st</sup> November 2021, 10am-12:30pm ZOOM
3. Saturday, 4<sup>th</sup> December, 10am-12:30pm ZOOM  
*Please note that this will be a practical session and currently permission is being sought for this session to be held on face to face basis, in two small groups, 10am-12:30pm and 2pm-4:30pm respectively. If such permission is granted, details will be confirmed during the first session of the course)*
4. Compulsory online independent learning exercise (reading, watching, moderated online discussion, creative activity), to be completed between 5<sup>th</sup> December and 12<sup>th</sup> December).
5. Saturday, 18<sup>th</sup> December 10am-12:30pm assignment presentations ZOOM
6. Saturday, 19<sup>th</sup> December 10am-12:30pm assignment presentations (continued) ZOOM

The teacher will be available for consultations (non-compulsory) on Monday, 13th December 5pm-7pm (ZOOM).

\*\*\*

To complete the course students are required to be present at all classes, participate actively in all exercises and complete the assignment on a satisfactory level.

Assignment: presentation, oral 10 minutes, or 5-7 slides, on a topic chosen from a list presented by the teacher at the first session.

Attendance: 90% attendance is required. Due to practical nature of the classes, arriving late will not be accepted. To provide good learning environment for everyone, students are requested to turn off any electronic devices that might disturb the class.

Contact information to the coordinator of all ED courses run by the Department of Medical Psychology and Medical Communication:

Magdalena Łazarewicz, MA, PhD

[magdalena.lazarewicz@wum.edu.pl](mailto:magdalena.lazarewicz@wum.edu.pl)

The Department of Medical Psychology and Medical Communication runs the Psychological Students Science Club "Psyche" (in English) (contact information: [magdalena.lazarewicz@wum.edu.pl](mailto:magdalena.lazarewicz@wum.edu.pl)).