



Talks about life and death. Difficult topics and ways of coping with them for doctors and patients
Nov. 29 (16-20:30), 30 (9-18) & Dec., 6 (9-18)

1. Imprint	
Faculty name:	2nd Faculty of Medicine
Education program (<i>field of study, level and educational profile, form of studies, e.g., Public Health, 1st level studies, practical profile, full time</i>):	English Division, 1st level studies, practical profile, full time
Academic year:	2019/2020
Module/subject name:	Talks about life and death. Difficult topics and ways of coping with them for doctors and patients Dates: Nov., 29 (16-20:30), 30 (9-18) & Dec., 6 (9-18)
Subject code (<i>from the Pensum system</i>):	
Educational units:	Department of Medical Psychology & Medical Communication ul. Litewska 14/16, 00-575 Warszawa Tel. +48 22 116 92 11
Head of the unit/s:	Professor Krzysztof Owczarek, MA, PhD
Study year (<i>the year during which the respective subject is taught</i>):	I-VI
Study semester (<i>the semester during which the respective subject is taught</i>):	1 st semester
Module/subject type (<i>basic, corresponding to the field of study, optional</i>):	Optional
Teachers (<i>names and surnames and degrees of all academic teachers of respective subjects</i>):	Urszula Ziętalewicz, MA
ERASMUS YES/NO (<i>Is the subject available for students under the ERASMUS programme?</i>):	YES
A person responsible for the syllabus (<i>a person to which all comments to the syllabus should be reported</i>):	Urszula Ziętalewicz, MA urszula.zietalewicz@wum.edu.pl
Number of ECTS credits:	2
2. Educational goals and aims	
After completing the course the participant:	
1. Can indicate the specifics of working with terminally or chronically ill persons and their families.	

2. Knows the stages of grief and analyses the psychosocial needs of a patient, taking into account their resources.
3. Can discuss the course of mourning bereavement and possible ways of its incorrect course.
4. Analyzes the way of functioning and building communication, taking into account medical, ethical, psychological and social contexts.
5. Knows the results of research on the willingness and readiness of difficult subjects by patients and their families, including death, suffering and coping with chronic illness
6. Is able to initiate conversations about difficult matters. Knows how to pass difficult information.
7. Is aware of what topics are difficult for him / her.
8. Can recognize topics that are difficult for interlocutors.
9. Is aware of the need to distance yourself from your own beliefs and emotions in the event of a difference of opinion between your views and the views of the patient and their family.
10. Know different strategies of coping with emotionally demanding situations.
11. Knows the psychological consequences of chronic somatic illness and can include them during conversation with the patient.
12. Knows the offer of support that a family can take after losing a loved one.
13. Knows the rules of communicating with people who survived the loss.

3. Initial requirements

1. None

4. Learning outcomes corresponding to the subject

A list of course learning outcomes

Symbol of course learning outcomes	Description of course learning outcomes	The reference to programme learning outcomes (number)
W1	Student understands the role of proper verbal and nonverbal communication in doctor-patient interaction, the meaning of trust in the interaction with patients	D.W04
W2	Understands the psychosocial consequences of hospitalization and chronic illness	D.W5
W3	Knows the basic psychological mechanisms of human functioning in health and disease	D.W7
W4	Knows the problems of adapting to the disease as a difficult situation, stages of adaptation to the threatening events and needs of patients, dying and the process of family bereavement	D.W9
W5	Knows the role of stress in the etiopathogenesis and course of diseases and recognizes the mechanisms of coping with stress;	D.W10
U1	Student includes patient's subjective needs and expectations resulting from socio-cultural background in the entire therapeutic process	D.U1
U2	Student builds the atmosphere of trust during the treatment process	D.U4
U3	Student conducts the consult with the patient with the use of empathy and active listening; is able to discuss patient's life situation	D.U5
U4	gives the patient and his family information about an unfavorable prognosis;	D.U7
U5	Student applies basic psychological supportive interventions	D.U10

5. Forms of classes			
<i>Form</i>	<i>Number of hours</i>	<i>Number of groups</i>	
<i>Lecture</i>			
<i>Seminar</i>	30	1 (max. 24 students)	
<i>Practical classes</i>			
6. Subject topics and educational contents			
<ol style="list-style-type: none"> 1. Do people want to talk about death? How to raise this topic? Psychological and sociological approach. How to pass difficult information. 2. Analysis of what topics are difficult for medical staff and for patients and their families. Recognition of subjects difficult for participants. 3. The role of psychological and social conditions in communication on difficult topics. Building effective communication, taking into account social norms and cultural conditions. 4. Bereavement – the course and consequences for patients, closed ones and medical staff. 5. Principles of cooperation with people in a psychological crisis - selected crisis interventions. 6. Analysis of cases taken from medical practice. 7. Ways of coping with emotionally demanding situations. 			
7. Methods of verification of learning outcomes			
Learning outcome corresponding to the subject (symbol)	Forms of classes (symbol)	Methods of verification of a learning outcome	Credit receiving criteria
W1-W5	S	Test	Attending classes 100% Min. 60% of correct answers
U1-U5	S	Active participation in the exercises	Attending classes 100% Minimal acceptable level of performance
Form of receiving credit in a subject:			
grade		criteria	
2.0 (failed)		Less than 60%	
3.0 (satisfactory)		60-67%	
3.5 (rather good)		68-75%	
4.0 (good)		76-83%	
4.5 (more than good)		84-92%	
5.0 (very good)		93-100%	
8. Literature			

<p>Obligatory literature:</p> <ol style="list-style-type: none"> 1. PDF materials provided by the teacher during the course. <p>Supplementary literature:</p> <ol style="list-style-type: none"> 1. Ofri, D. (2013). <i>What doctors feel: how emotions affect the practice of medicine</i>. Beacon Press. 2. Bui, E. (Ed.). (2018). <i>Clinical Handbook of Bereavement and Grief Reactions</i>. Springer International Publishing. (selected chapters) 		
9. ECTS credits calculation		
<i>Form of activity</i>	<i>Number of hours</i>	<i>Number of ECTS credits</i>
Direct hours with an academic teacher:		
Lectures	-	-
Seminars	30	1
Practical classes	-	-
Student's independent work (<i>examples of the form of work</i>):		
Student's preparation for a seminar	10	0,5
Student's preparation for a class	-	-
Preparation for obtaining credits	10	0,5
Other (please specify)	-	-
SUM	30	2
10. Additional Information		
<p>It is a three day course that takes place on:</p> <ul style="list-style-type: none"> • 29.11.2019 (Friday) 16:00-20:30 • 30.11.2019 (Saturday) 9:00-18:00 • 6.12.2019 (Saturday) 9:00-18:00 <p>Maximum number of participants: 24.</p> <p>The class takes place in the Department of Medical Psychology and Medical Communication ul. Litewska 14/16 00-575 Warszawa Tel. +48 22 116 92 11 http://zpm.wum.edu.pl/</p> <p>Contact information: Urszula Ziętalewicz, MA urszula.zietalewicz@wum.edu.pl</p> <p>The Department runs the Psychological Students Science Club "Psyche" (in English) (contact information: magdalena.lazarewicz@wum.edu.pl).</p>		

Signature of the Head of the Unit

Signature of the person responsible for the syllabus