



**All Work and No Play? Creativity in Doctors'
Professional and Personal Development
(14.11, 21.11 and 5.12. 2020)**

1. IMPRINT	
Academic Year	2020/2021
Department	Department of Medical Psychology & Medical Communication ul. Litewska 14/16, 00-575 Warszawa Tel. +48 22 116 92 11
Field of study	Medicine
Main scientific discipline <i>(in accord with appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019)</i>	Medical Sciences
Study Profile <i>(general academic / practical)</i>	General Academic
Level of studies <i>(1st level / 2nd level / uniform MSc)</i>	Uniform MDs
Form of studies	Full-time studies
Type of module / course <i>(obligatory / non-compulsory)</i>	Non-compulsory
Form of verification of learning outcomes <i>(exam / completion)</i>	Completion
Educational Unit / Educational Units <i>(and address / addresses of unit / units)</i>	Department of Medical Psychology & Medical Communication ul. Litewska 14/16, 00-575 Warszawa Tel. +48 22 116 92 11 zpikm@wum.edu.pl

Head of Educational Unit / Heads of Educational Units	Professor Krzysztof Owczarek, MA, PhD Dorota Włodarczyk, MA, PhD (Acting Head of the Department)
Course coordinator (title, First Name, Last Name, contact)	Magdalena Łazarewicz, MA, PhD magdalena.lazarewicz@wum.edu.pl
Person responsible for syllabus (First name, Last Name and contact for the person to whom any objections concerning syllabus should be reported)	Magdalena Łazarewicz, MA, PhD magdalena.lazarewicz@wum.edu.pl
Teachers	Elżbieta Łazarewicz-Wyrzykowska, MA, PhD ela.lazarewicz.wyrzykowska@gmail.com

2. BASIC INFORMATION			
Year and semester of studies	I-VI, 1 st semester	Number of ECTS credits	2.00
FORMS OF CLASSES		Number of hours	ECTS credits calculation
Contacting hours with academic teacher			
Lecture (L)		-	-
Seminar (S)		15	0.75
Discussions (D)		10	0.5
e-learning (e-L)		-	
Practical classes (PC)		5	0.25
Work placement (WP)		-	
Unassisted student's work			
Preparation for classes and completions		15	0.5

3. COURSE OBJECTIVES	
O1	To broaden students' understanding of creativity in its relation to personal wellbeing, learning, and professional development in the medical field.
O2	To develop students' understanding of creative process, in artistic, professional and everyday contexts.
O3	To help students build up ideas and strategies for creativity and serious play, individual and team, in academic, professional and personal contexts.

4. STANDARDS OF LEARNING – DETAILED DESCRIPTION OF EFFECTS OF LEARNING (concerns fields of study regulated by the Regulation of Minister of Science and Higher Education from 26 of July 2019; does not apply to other fields of study)

Code and number of effect of learning in accordance with standards of learning <i>(in accordance with appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019)</i>	Effects in time
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Knowledge – Graduate* knows and understands:

G.K1	-
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Skills– Graduate* is able to:

G.S1	-
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* In appendix to the Regulation of Minister of Science and Higher education from 26th of July 2019 „graduate”, not student is mentioned.

5. ADDITIONAL EFFECTS OF LEARNING (non-compulsory)

Number of effect of learning	Effects of learning i time
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Knowledge – Graduate knows and understands:

K1	the concept of creativity and its connection with play, learning and work, as well as psychological and neurological basis of these connections.
K2	connection between creativity, play and innovation.
K3	dynamic of creative process, as well as its challenges and obstacles.
K4	role of creativity in professional and personal burnout prevention.

Skills– Graduate is able to:

S1	reflect on own experience of creative process and ‘serious play’, in individual and group settings.
S2	apply the experience and principles of artistic creative process in the context of academic skills.
S3	start and restart creative process in individual and group work.
S4	address challenges and obstacles in creative process.
S5	identify creative and ‘serious play’ techniques suitable for one’s own needs and in team dynamic.

Social Competencies – Graduate is ready for:

SC1	-
SC2	-

6. CLASSES		
Form of class	Class contents	Effects of Learning
S	1. Introduction to creativity and its relation to play, learning and work. Psychological and neurological basis of this relation. Understanding the connection between creativity, play and innovation. Experience of various creative / artistic techniques. Reflection on this experience. Development of the ability to find the technique most suitable for individual needs.	K1, K2, S1
	2. Understanding creative process, challenges and obstacles it can encounter (M. Csikszentmihalyi's model). Identifying ways of coping with such obstacles. Application of the experience of own artistic creative process in the context of academic skills (writing, presenting). Creativity in a team – theory and practice. Reflection on the experience of team 'serious play' and creativity.	K3, S1, S2, S3, S4
	3. Reflection on starting and restarting creative process in individual and group settings. Creativity in medical field. The role of creativity in professional and personal burnout prevention. Students' presentations of their projects and feedback from teacher and fellow students.	K4, S5

7. LITERATURE
Obligatory
PDF materials provided by the teacher during the course
Supplementary
1. Csikszentmihalyi, M. (1996) <i>Creativity: the Psychology of Discovery and Invention</i> . Harper. 2. Kaufman, J.C. and R.J. Sternberg (2019), <i>The Cambridge Handbook of Creativity</i> . 2 nd edition. CUP. 3. Robinson, K. (2011) <i>Out of Our Minds: The Power of Being Creative</i> . Wiley. The above textbooks are available for short rental from the teacher (single copies).

8. VERIFYING THE EFFECT OF LEARNING		
Code of the course effect of learning	Ways of verifying the effect of learning	Completion criterion
K1-4, S1-5	Active participation in all discussions and exercises during classes	Minimal acceptable level of performance
S1-5	Preparation of a presentation	Minimal acceptable level of performance

9. ADDITIONAL INFORMATION (information essential for the course instructor that are not included in the other part of the course syllabus
e.g. if the course is related to scientific research, detailed description of, information about the Science Club)

It is a **weekend course** that takes place on:

1. Saturday, 14th November 2020, 10am-5.30pm
2. Saturday, 21st November 2020, 10am-5.30pm
3. Saturday, 5th December 2020, 10am-5.30pm

Place: ul. Litewska 14 room -103 (level "-1").

To complete the course students are required to be present at all classes, participate actively in all exercises and complete the assignment on a satisfactory level.

Assignment: presentation, oral 10 minutes, or 5-7 slides, on a topic chosen from a list presented by the teacher at the first session.

Attendance: 90% attendance is required. Due to practical nature of the classes, arriving late will not be accepted. To provide good learning environment for everyone, students are requested to turn off any electronic devices that might disturb the class.

Contact information to the coordinator of all ED courses run by the Department of Medical Psychology and Medical Communication:

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magdalena.lazarewicz@wum.edu.pl

Contact information to the teacher for this course:

Elżbieta Łazarewicz-Wyrzykowska, MA, PhD
ela.lazarewicz.wyrzykowska@gmail.com

The Department of Medical Psychology and Medical Communication runs the Psychological Students Science Club "Psyche" (in English) (contact information: magdalena.lazarewicz@wum.edu.pl).